

GCSE PE

Please note students opt for Sports Studies. Allocations to the exact qualification will be made in the Autumn Term as appropriate.

GCSE Qualification - AQA

Course Leader: Mrs Sprake

Successful learner profile

- Regularly takes part in a range of sports and trains to improve performance.
- Interested in the wider aspects of sports such as barriers to participation, gender stereotyping, psychology and media.
- Demonstrates a high level of performance in both practical lessons and in the classroom.
- Able to work hard with a range of students in the classroom and in practical lessons, to improve performance and lead activity sessions.

What will you study?

Academic course - linked to practical sports performance and Sports Science

Practical Performance in Sport: 40%

- Practical ability within 3 competitive individual and team games.
- Analysis of performance and training plans for improvement

Human Body and Movement in Sport

Written Examination Paper 1: 30%

- Applied anatomy and physiology
- Movement analysis
- Physical training

Socio-cultural influences and well-being in Sport. Written examination Paper 2: 30%

- Sports psychology
- Influence of society and cultures on participation,
- health, fitness and well-being

Why choose this course?

We run 2 different sports courses. Both provide excellent opportunities to learn practical performance and leadership skills in combination with gaining knowledge of physical skill development, training and fitness. We also explore wider issues such as sports media, benefits and barriers to participation as well as sports psychology. Both courses are designed for anyone looking at sports, health or leisure careers in future.

OCR Sports Studies: more vocational and applied to general sport settings. Ability to understand wide ranging sporting issues as well as analyse and review practical performance more important to grade.

How is each course selected?

The PE Team judge the most appropriate course for students based on: Sports Performance. Science and English grade. Commitment to extra-curricular sport. Leadership capabilities.

How will you be assessed?

OCR Sport Studies is a vocational qualification, split into: 40% practical 60% written exam

Possible progression post 16

You will be able to progress to our Level 3 Sixth Form course and then on to Higher Education in a sports and leisure sector such as Physical Education, Business and Event Management, Sports Fitness and Coaching, Sports Therapy and Rehabilitation, Strength and Conditioning or Health and Well-being Practitioner. Other students have also used it as excellent preparation for Armed and Emergency Services or Outdoor and Adventure careers.

Weblinks

<https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/specification-at-a-glance>