

## Physical Education and Food Science

Suggested Combination:	Physical Education, Food Science and Biology
<p>The great thing about the academic pathway is that it allows you to choose 3 Subjects. This gives you the advantage of choosing a wide range of future careers. Below we have included a sample of future pathways associated with a Forensic Science direction. To find out more information and possible future pathways for this Subject combination log on to UNIFROG by following this link <a href="https://www.unifrog.org/student/subjects">https://www.unifrog.org/student/subjects</a></p>	
Possible Degrees	BA/BSc in Physical Education, BSc in Sports Science, BSc in Coaching Science, BSc in Exercise Science, BSc in Food Science, BSc in Nutrition and Dietetics, BSc in Human Nutrition, BSc in Nutritional Sciences.
Possible Careers and Apprenticeships	<p>Physical Education Teacher: Teach physical education in schools, promoting health and fitness through various activities.</p> <p>Sports Coach: Coach athletes or sports teams, focusing on skill development and strategy.</p> <p>Fitness Instructor: Lead fitness classes, guide individuals in exercise programs, and promote overall well-being.</p> <p>Sports Scientist: Conduct research on the physiology and performance of athletes, contributing to training optimization.</p> <p>Personal Trainer: Work with individuals to create personalized fitness plans and provide motivation and guidance.</p> <p>Food Scientist/Technologist: Develop and improve food products, ensuring safety, quality, and nutritional value.</p> <p>Nutritionist/Dietitian: Work with individuals or communities to promote health through proper nutrition.</p> <p>Product Development Specialist: Create new food products, considering taste, nutritional content, and market trends.</p> <p>Research Scientist in Nutrition: Conduct research to advance knowledge in nutrition and its impact on health.</p> <p>Community Nutritionist: Educate communities on healthy eating habits and lifestyle choices.</p>